



OPEN AFRICAN MASTERS ATHLETICS CHAMPIONSHIPS TUNISIA 2025

1 – GENERAL INFORMATION:

Dates: 20th to 24th November 2025
Venue: Radès Athletics Stadium
Participation: Masters athletes from Africa, Mediterranean, European countries and all over the world.
Organization: Tunisian Athletics Federation in collaboration with AFMA
Contact: tun@mf.worldathletics.org
Website: <http://www.open-african-masters-tunisia-2025.com>

2 – GENERAL PROGRAM:

From 17 Nov: Arrival of participants
20 Nov: Opening Ceremony
20–24 Nov: Competition
25 Nov: Departure
Detailed program: *see website*

3 – AGE CATEGORIES:

Eligible: Men and women aged 35 and over on 20 November 2025

Each category covers a 5-year interval, determined by the completed age on November 20, 2025. Here are the ranges with the corresponding dates of birth
Age category as of Nov 20TH 2025, date of birth between (inclusive):

M35	35 - 39 years	21 nov. 1985 → 20 nov. 1990
M40	40 - 44 years	21 nov. 1980 → 20 nov. 1985
M45	45 - 49 years	21 nov. 1975 → 20 nov. 1980
M50	50 - 54 years	21 nov. 1970 → 20 nov. 1975
M55	55 - 59 years	21 nov. 1965 → 20 nov. 1970
M60	60 - 64 years	21 nov. 1960 → 20 nov. 1965
M65	65 - 69 years	21 nov. 1955 → 20 nov. 1960
M70	70 - 74 years	21 nov. 1950 → 20 nov. 1955
M75	75 - 79 years	21 nov. 1945 → 20 nov. 1950
M80	80 - 84 years	21 nov. 1940 → 20 nov. 1945
M85	85 - 89 years	21 nov. 1935 → 20 nov. 1940



M90 90 - 94 years 21 nov. 1930 → 20 nov. 1935

M95 95 - 99 years 21 nov. 1925 → 20 nov. 1930

Each category spans 5 years (e.g., M35 = 35–39)

Example: Born 01/09/1981 = M40; Born 21/11/1980 = M45

4 – REGISTRATION AND FEES:

Participants are invited to register through the online system on the website <http://www.open-african-masters-tunisia-2025.com> and indicate the number of events as well as the accommodation needs and other services mentioned in the table below.

<i>AFMA fees</i>	20 €
<i>Individuel event</i>	15 €
<i>Marathon</i>	25€
<i>Accompanying person with accreditation</i>	20 €
<i>End of Championships Gala</i>	20 €
<i>Official T-shirt</i>	15 €
<i>Official bag</i>	20 €



5 – COMPETITION VENUES:

Online registration will be available from September 7th until November 5th at midnight GMT.

It is important that Masters participants respect the registration deadlines.

If you have any difficulties during registration, please contact the Local Organizing Committee by email: tun@mf.worldathletics.org

6 – COMPETITION SITE

All events take place in Rades athletics stadium: track and field, cross-country, half-marathon, race walk

6 – TRAVEL:

Athletes must arrange their own travel and inform the LOC of arrival and departure details to allow for transportation from the airport to the hotel and from the hotel to the airport, the costs of which are included in the accommodation fees.

The official airport is Tunis Carthage Airport. The LOC will provide welcome services and internal transportation.

7 – ACCOMMODATION:

4-star and 5-star hotels arranged by LOC

Accommodation prices per person per night are shown in the following table:

	4 star hotels		5 star hotels	
	Shared double room	Single supplement	Shared double room	Single supplement
Accommodation per person per day on a half-board basis	85 € 90 €	20 €	110€	25€

Accommodation invoices will be based on the information (number of guests and arrival/departure details) provided in the registration system or by email to the following address: tun@mf.worldathletics.iaaf.org.

Accommodation fees may be paid after online registration by bank transfer or in cash at the athlete accreditation hotel.

8 – INSURANCE & MEDICAL:

Each participating athlete must purchase an insurance policy for themselves and their accompanying persons, covering illness or injury incurred during the outward and return journeys and during the championships themselves.

The LOC is committed to ensuring participants during competitions.



The LOC provides medical coverage through the presence of doctors on site during competitions and at hotel accommodations.

9 – VISAS:

Any participant requiring a visa must request an official invitation letter from the LOC to submit their visa application to the Tunisian embassy in the country concerned.

For any information regarding visas, please contact the LOC by email at tun@mf.worldathletics.org.

If no embassy is present, the LOC will endeavor to coordinate with the authorities in Tunisia to issue visas at Tunis Carthage Airport upon arrival.

To do so, applicants are required to provide a clear copy of the information page of their passports.

10 – PARTICIPATION & MEDALS:

All athletes whether they are Africans or non-Africans can be qualified for the finals if their ranks or performance allow it. This qualification will be established according to the total number of participants per event, and per age category (Men and Women).

A general ranking will be established for each event and for all age categories with medals offered as following:



10.1- Athletes of African Nationality:

The first three Africans, men and women, in all age categories, and for each event will receive gold, silver, and bronze medals, in addition to a certificate outlining the ranking and performance achieved.

10.2- Athletes of other nationality other than African:

A commemorative medal and a certificate of ranking and performance for the first three men and women of each event.

11 – TOURS:

Cultural/tourist tours organized by LOC – info on website

12 – SOUVENIRS:

Each participant receives a gift

13 – EVENTS LIST:

Track: 100m, 200m, 400m, 800m, 1500m, 5000m, relays

Field: Long Jump, Triple Jump, High Jump, Pole Vault, Shot, Discus, Hammer, Javelin

Road: 10km, 20km Walk, Half-Marathon, Cross

Hurdles & Steeple: Varies by age group

EVENTS LIST

Event	Gendre	Event	Gendre	CROSS COUNTRY / Road race	Gendre
100m	F/M	HIGH JUMP	F/M	8km CROSS COUNTRY	F/M
200m	F/M	LONG JUMP	F/M	10km ROAD RACE	F/M
400m	F/M	POLE VAULT	F/M	HALF MARATHON	F/M
800m	F/M	TRIPLE JUMP	F/M	5000m WALK	F/M
1500m	F/M	SHOT POT	F/M	10km WALK	F/M
5000m	F/M	HAMMER	F/M		
4x100m	F/M	DISCUS	F/M		
4x400m	F/M	JAVLIN	F/M		
110m Hurdles	M (35-49)				
100m Hurdles	F (35-39) / M (50-69)				
80m Hurdles	F (40-59) / M (70-79)				
400 m Hurdles	F (35-49) / M (35-59)				
300 m Hurdles	F (50-59) / M (60-69)				
3000m SC	M (35-59)				
2000m SC	F (35+) / M (60+)				

PRELIMINARY TIMETABLE

DAY 1 (20 - 11 - 2025)

TIME	EVENT	AGE GROUPE		ROUND
07.00	10km Road	ALL	W/M	FINAL
08.30	20km walk	ALL	W/M	FINAL
09.00	Shot Put	ALL	W	FINAL
09.45	1500m	ALL	W/M	SEMI FINAL
10.45	100m	ALL	W/M	SEMI FINAL
13.45	100m HURDLES	35-39	W	SEMI FINAL
14.00	80m HURDLES	40-59	W	SEMI FINAL
14.15	110m HURDLES	35-49	M	SEMI FINAL
14.30	100m HURDLES	50-69	M	SEMI FINAL
14.45	80m HURDLES	70-79	M	SEMI FINAL
15.00	High jump	ALL	M	FINAL
15.00	Long jump	ALL	W	FINAL
15.00	Discus	ALL	M	FINAL
16.00	100m	ALL	W/M	FINAL

DAY 2 (21 - 11 - 2025)

TIME	EVENT	AGE GROUPE		ROUND
07.00	8km Cross Country	ALL	W/M	FINAL
09.45	1500m	ALL	W/M	FINAL
10.45	400m	ALL	W/M	SEMI FINA
11.00	Hammer	ALL	M	FINAL
13.30	100m HURDLES	35-39	W	FINAL
13.45	80m HURDLES	40-59	W	FINAL
14.00	110m HURDLES	35-49	M	FINAL
14.15	100m HURDLES	50-69	M	FINAL
14.30	80m HURDLES	70-79	M	FINAL
15.00	Pole Vault	ALL	W/M	FINAL
15.00	Triple Jump	ALL	M	FINAL
16.00	400m	ALL	W/M	FINAL
16.00	Javelin	ALL	W	FINAL

DAY 3 (23 - 11 - 2025)

TIME	EVENT	AGE GROUPE		ROUND
07.00	10km walk	ALL	W/M	FINAL
09.00	5000m	ALL	M	FINAL
09.00	Shot Put	ALL	M	FINAL
10.30	200m	ALL	W/M	SEMI FINAL
14.00	Discus	ALL	W	SEMI FINAL
14.00	High Jump	ALL	W	FINAL
14.00	Long Jump	40-59	M	FINAL
14.00	400 m HURDLES	35-49	W	SEMI FINAL
14.15	300 m HURDLES	50-59	W	SEMI FINAL
14.30	400 m HURDLES	35-59	M	SEMI FINAL
14.45	300 m HURDLES	60-69	M	SEMI FINAL
15.00	800m	ALL	W/M	SEMI FINAL
15.45	200m	ALL	W/M	FINAL
16.30	5000m	ALL	W	FINAL
17.30	4x100m	ALL	W/M	FINAL

DAY 4 (24 - 11 - 2025)

TIME	EVENT	AGE GROUPE		ROUND
07.00	Half Marathon	ALL	W/M	FINAL
13.30	Hammer	ALL	W	FINAL
14.00	400 m HURDLES	35-49	W	FINAL
14.15	300 m HURDLES	50-59	W	FINAL
14.30	400 m HURDLES	35-59	M	FINAL
14.45	300 m HURDLES	60-69	M	FINAL
15.00	Triple Jump	ALL	W	FINAL
15.00	Javelin	ALL	M	FINAL
15.15	800m	ALL	W/M	FINAL
15.45	3000mst	35-59	M	FINAL
16.15	2000mst	60+	M	FINAL
16.40	2000mst	35+	W	FINAL
17.15	4x400m	ALL	W/M	FINAL

For more details, visit the official website or contact the LOC.